

Office of Elder Services Homemaker Services

Self-Directed Option coordinated by Home Care for Maine

WHAT IS THE SELF-DIRECTED OPTION FOR HOMEMAKER SERVICES?

Consumers may arrange for and manage their own homemaking services using the self-directed option. Consumers may also select someone to manage their services. Consumers must be willing to screen, hire, train, schedule and supervise their worker. Home Care for Maine will provide the consumer with a minimum of two hours of instruction prior to beginning the self-directed option on the rights, risks and responsibilities of managing their own homemaking.

HOW DO I QUALIFY FOR THE SELF-DIRECTED OPTION?

- meet the standard financial and medical eligibility requirements
- must not have a guardian or conservator
- cognitive capacity to self-direct the services; or you may request a surrogate to act for you if you have a guardian, conservator or cannot direct your own services
- willingness to meet all program requirements including documentation of services delivered
- agrees to complete two hour training
- agrees to screen worker ie. criminal background check and other requirements

**For more information regarding the self-directed option, please contact
Home Care for Maine's customer service representative
toll free at**

1-800-639-3084

**Home Care
for
Maine**

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